

Griffin Spalding County School District
Health Protocols for Students
Effective July, 25, 2022

Symptoms of Illness:

- Parents/guardians should consult their child's health care provider before sending their child to school if they have: fever of 100.4 degrees Fahrenheit or higher, shortness of breath or difficulty breathing, severe cough; chills, severe muscle pain, sore throat, new loss of taste or smell, bluish lips or face, nausea, vomiting, diarrhea, persistent headache and/or throat/chest congestion. If these symptoms emerge at school, the school nurse will notify the parent/guardian to retrieve their child.

Parents/guardians should notify the school nurse immediately if:

- Their child is confirmed positive for any infectious illness, including COVID-19, and NOT send their child to school.
- Their child exhibits the symptoms listed above, and NOT send their child to school

Students confirmed as positive for COVID-19:

- Are required to isolate at home for **5 days** since the symptoms first appeared or since the first positive test.
- **Return to School Conditions*:**
 - **5 days** must have passed since symptoms first appeared or since first positive test, **AND**
 - At least 24 hours since student's last fever without the use of fever-reducing medications, **AND**
 - Student's symptoms (e.g., cough, shortness of breath) have improved
 - Students are **encouraged** to wear a **mask at school** upon returning, to equal 10 days after the student's symptoms first emerged or first tested positive (whichever occurred first).
- **Understanding the isolation period:**
 - Isolation is the act of quarantining yourself at home in order to slow the spread of COVID-19. An isolated person should avoid unnecessary physical contact with any and all other people. Isolated persons should monitor their symptoms and seek prompt medical attention if the symptoms get worse or fail to significantly improve over a period of 5 days after onset.
 - Isolation period begins the first day after the onset of symptoms or the first day after the first positive test result. For example, the day that the symptoms began will be counted as day zero or the day of the first positive test will count as day zero. To determine when 5 days have passed, you consider day 0 of isolation as either the date the symptoms started or the date of the first positive test, whichever occurred first.

Example of the Isolation Period

Friday	Onset of symptoms or first positive test
Saturday	Day 1 of Isolation
Sunday	Day 2 of Isolation
Monday	Day 3 of Isolation
Tuesday	Day 4 of Isolation
Wednesday	Day 5 of Isolation
Thursday	Day 6 since onset of symptoms or first positive test Release from Isolation *Student may return to school (if "Return to School Conditions*" met) *mask encouraged at school
Friday	Day 7 since onset of symptoms or positive test *mask encouraged at school
Saturday	Day 8 since onset of symptoms or first positive test
Sunday	Day 9 since onset of symptoms or first positive test
Monday	Day 10 since onset of symptoms or first positive test *mask encouraged at school

Students Who are Close Contacts to Positive COVID-19 Cases:

- Will NOT be required to quarantine at home – and WILL be permitted to remain attending school – as long as they do NOT exhibit symptoms of illness.

- If students exhibit symptoms of illness, they should consult their health care provider before coming to school.
 - If students exhibit symptoms of illness at school, the school nurse will notify the parent/guardian to retrieve their child from school.
-



Griffin
Spalding
County Schools